

At Adam's House we believe every child should never grieve in isolation. Each child deserves a supportive and understanding community to learn and explore their feelings of loss. All grief journeys are unique. Grief is a natural reaction to a loss of a loved one. We strive for children to understand their complex grief feelings, increase resiliency and boost their self-esteem while they create their

new normal.

Founder's Message

GIVING A CHILD'S GRIEF A VOICE.

Allison Wysota

People often share with me that they could never do what I do, because "its so sad." While what brings these children and their families to our program is very sad. I am honored and inspired everyday by the power of love in the face of trauma related to death and loss.

Adam's House is a place of hope, a place for rebuilding,

A place where children and their families come in as victims but they leave as victors with the knowledge, confidence and assurance that they will be ok. Where children can freely express their frustrations, challenges, confusion and regret without judgement and with engaged, empathetic listeners.

Our program is child centric- it's activities specifically planned with their grief style and group dynamic in mind. Grief is unique- we need to create strategies/activities that will resonate with them- no two groups at Adam's House alike.

The goal is to put our families on the path of recovery.

To normalize the grief process when nothing feels normal.

To empower them when they are in a constant state of doubt.

To turn their sadness to strength.

To turn loss into legacy.

We are so proud of our program families. Grief is hard work. We continue to work our hardest to insure that Adam's House remains a resource for all of Connecticut's bereaved children!

ADAM'S HOUSE

Helping Hearts Heal for Connecticut's Children and Families



ABOUT ADAM'S HOUSE

Adam's House is a no-cost grief education center serving children up to age 18, and their families, who have experienced the loss of a parent, grandparent, sibling, friend, or other significant loved one. Through our eight-week "Helping Hearts Heal" program, participants receive peer support, expression and positive-play, educational programming, and coping skills to overcome the loss of their loved one in a warm, caring atmosphere.

WHO ADAM'S HOUSE HAS HELPED

72 CHILDREN



50

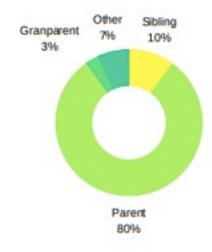


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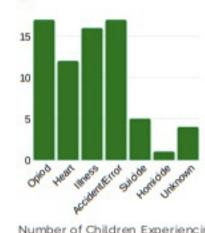
FAMILIES



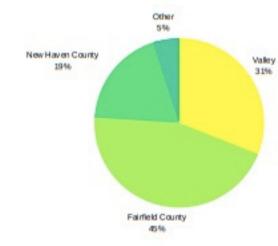
PROGRAM FAMILIES DEMOGRAPHICS



Percentage of Children Experiencing Family Member Loss



Number of Children Experiencing Type of Loss

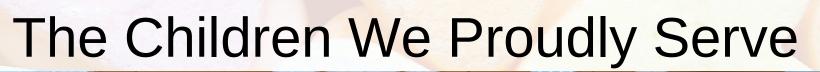


Percentage of Family's Residential Status















Community Support for Adam's House



SECTRA awarded Adam's House a generous grant that will help support our "Helping Hearts Heal" program



Happy Day Preschool! As an activity for "Kindness Week", these students and their families baked delicious treats to sell at the Shelton Community Center to raise funds for our program children!

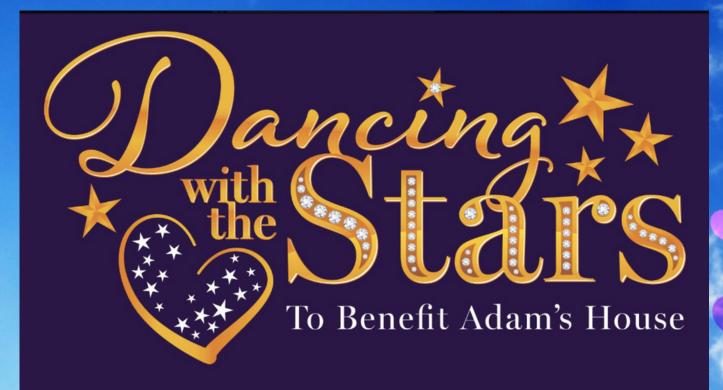


Sperry Rail, who as part of their team building exercise at their company conference, provided bikes to the children in our summer program.

OUR EVENTS



Meet and Greet at Caloroso's





Friend In Grief (FIG) Trainings Graduates



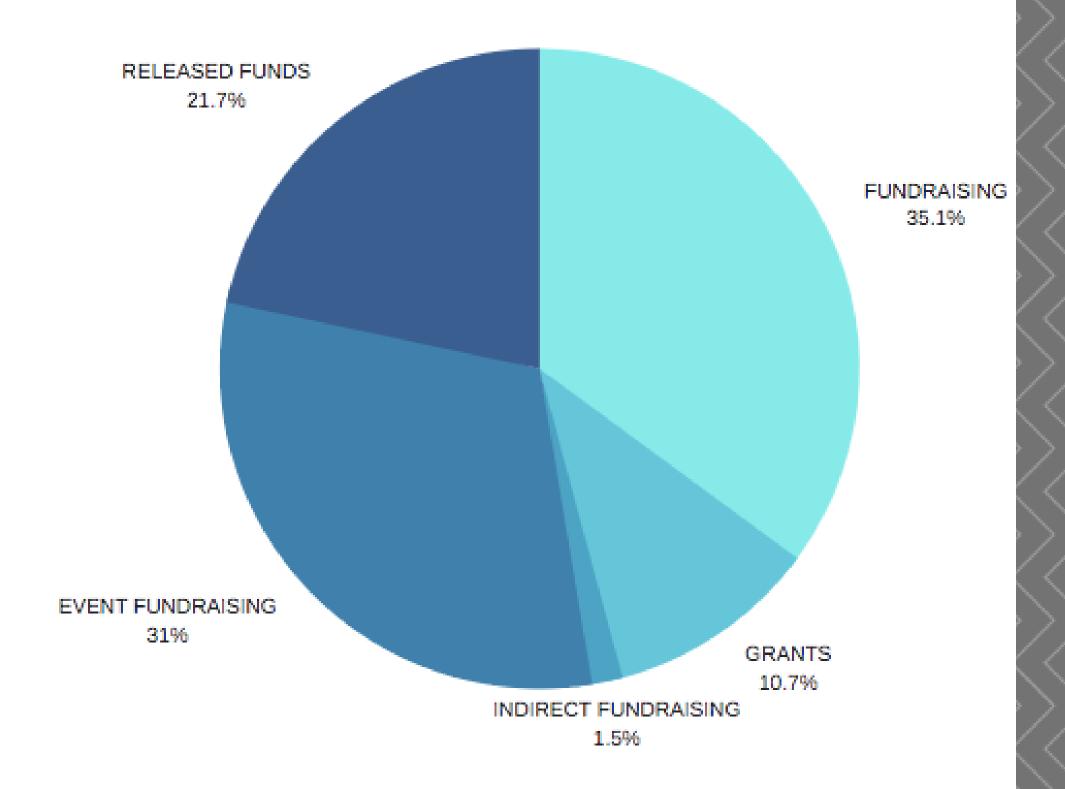
Mistletoe and Margaritas
Giving Tuesday
Shopping Event

OUR FUNDS

Adam's House 2019

- FUNDRAISERS

 Board Support, Corporate/Individual, The Great Give
- GRANTS One Time
- EVENT FUNDRAISERS Dancing with the Stars, Mistletoe and Margaritas, Spirits
- INDIRECT FUNDRAISERS Amazon, FIG Training
- RELEASED FUNDS



Meet Our Team



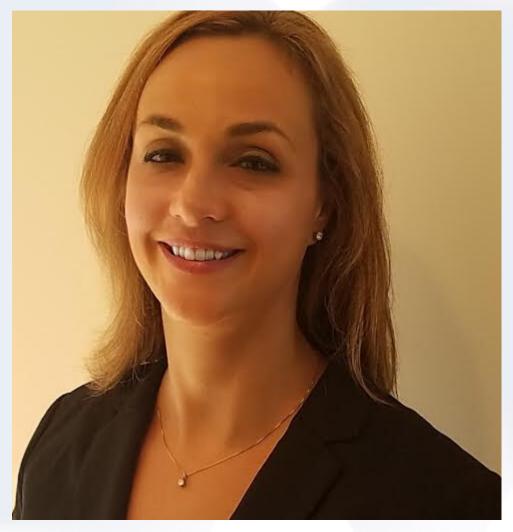
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Director of Development



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